



RELEASE OF LIABILITY

INCONSIDERATION of being permitted to be present and to participate in any way in activities in the Dynamic Sports and Training facility I, for myself and for my personal representative(s), dependents, heirs, and all persons claiming through me, including each minor person for whom I am consenting agreeing to the terms of this Agreement:

- 1 ACKNOWLEDGE, agree and represent that I understand the nature of and risks of injury that exist for each Activity for which I am present at the Dynamic Sports and Training premises. I agree that if I have ANY questions regarding the risks or Activity, that before participating at all, I will inquire of Dynamic Sports and Training.
- 2 I represent to Dynamic Sports and Training that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time, I believe conditions to be unsafe, I will immediately notify Dynamic Sports and Training and I will discontinue further participation in the Activity.
- 3 I understand that the Activity in which I choose to participate involves:
 - a. real risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("Risks").
 - b. these Risks may be caused by my own actions or inactions or by the actions or inactions of others participating in the Activity, the conditions of the Premises or by in the inherent nature of the Activity in which I choose to participate.
- 4 I understand that I am subject to the Risks due to the negligence of the "Releasees" named below.
- 5 I understand that if I or another participant suffers any physical, social, emotional or economic harm or loss ("HARM"), even though not known to me or not readily foreseeable at this time, I fully, knowingly and intentionally ACCEPT AND ASSUME ALL liability and responsibility of each such RISK and HARM.
- 6 WITH SUCH KNOWLEDGE and having deliberately assumed such RISKS and potential for HARM, I, for my heirs, successors and assigns (including each minor for whom I am signing this Agreement and allowing such minor to be present on the premises).
 - a. HEREBY RELEASE, DISCHARGE, AND CONVENANT NOT TO SUE DYNAMIC SPORTS AND TRAINING AND ITS Directors, affiliates, and the respective managers, administrators, agents, officers, members, volunteers, and employees, and all other participants in any Activity on the Premises, any sponsors, advertisers and each owner lessor of the premises on which the Activity takes place, (collectively termed "RELEASEES" in this Agreement). FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES: OR OTHER WISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND
 - b. I FURTHER AGREE that if, despite my promises and representations and agreement with the terms of this Agreement, I, or anyone on my behalf or action through me, makes a claim against any of the Releasees, I and my heirs, successors and assigns promise and agree to INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES from any expenses and attorney fees and costs of investigation and/or defense of any claim or litigation, including all, loss, liability, damage or cost which Releasee(s) incur as the result of such claim or litigation.
- 7 I read and speak English sufficiently to understand what this Agreement says and Means.
- 8 I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNERSTAND THAT if I participate in any Activity, I HAVE GIVEN UP SUBSTATIAL RIGHTS BY SIGNING below.
- 9 I have signed this Agreement with such understanding and knowledge, without any person having given my any inducement or promise of any kind.
- 10 I understand that if any portion of this Agreement is ruled to be unenforceable, the rest of this Agreement will still have full force and effect.

Print Name of Participant _____

Date _____

Signature of Adult Participant _____

Print Name of Minor Participant _____